

Ab Machine

Sports Equipment



Description

The Ab Machine is a simple abdominal workout machine that gives you the same gym quality ab crunching workout in a small, simple and compact design. The Ab Roller lets the user rock their way to slimmer abs with a simple rocking motion. And although getting an effective workout is important, so is being safe and comfortable. And by simply repositioning your arms and legs as you use the Ab Roller, you can target your upper and lower abs, as well as your oblique muscles. Featuring padded neck and back support as well as curved arms to protect your elbows the Ab Roller is an easy and cost effective way to begin your abdominal exercise routine.

- * Targets your upper and lower abs
- * Eliminates neck and back strain
- * Easy to assemble, use and store
- * Great way to begin your abdominal exercise regimen
- * Built in cushioned headrest.

To order call or viber at 9841697477

Advertiser details

Name

Swastik

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Email

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More details

Condition

Brand New

Type

Fitness & Gym Equipment

Website

Listed By

Owner

Price Negotiable

Fixed Price